

Connections



in Marriage and Family Therapy

www.MiddleAtlanticAAMFT.org

Winter, 2009

President's Report January 2009

I am beginning the New Year---and a new term---with some pretty big shoes to fill! Our outgoing President (and new Immediate Past President), Risa Ganel, led us through a tremendously successful 2008. Our continuing education conference, featuring Bill Dougherty, was sold out and received enthusiastic reviews. Seats for our upcoming conference with Esther Perel, *Mating in Captivity*, *Reconciling the Erotic & the Domestic*, have been selling at a brisk pace. Bills which gave MFTs in Maryland the authority to perform Emergency Evaluation Petitions, and which renewed our licensure (along with an increase in our representation on the Maryland Board of Professional Counselors & Therapists) were signed into law last spring. Our Maryland and Delaware Chapters and regional groups are becoming more active. I would like to thank Risa and all of the

wonderful members in the Division who have contributed to our progress in so many areas.

My hope is that we will be able to expand on these accomplishments in the coming year. The Division's leadership has been working on ways to increase our visibility, so that the general population, employers and elected officials will be more aware of MFTs and the important services that we provide for our communities. We want to mobilize as many of you as possible to help with our effort. Please contact us if you are able to become more involved. We would love to have you join us!

I wish the very best to all of you in 2009!

*Wendy Wilcox, LCMFT
President*

Make a New Year's Resolution to Plan Ahead!

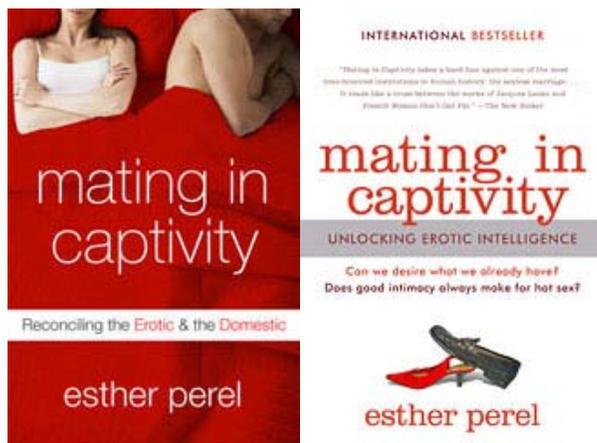
The keynote speaker for our February 5, 2010 conference, Rick Lavoie of the award-winning *F.A.T. City Workshop* fame, will present *How Hard Can This Be?: How to Help Families Manage Learning Disabilities*. Each person who registers at this year's conference on January 30, 2009 will receive a \$20 discount off our early registration fee. Don't miss this opportunity!

Register Now for CEUs at a Reduced Cost!

The Middle Atlantic Division of AAMFT and
The University of Maryland Family Studies Department Present

Mating in Captivity

Featuring
Esther Perel



Friday, January 30, 2009

9:00–4:00

in

Columbia, MD

Why does great sex so often fade for couples who claim to love each other as much as ever?

•

Can we want what we already have?

•

Why does the transition to parenthood so often spell erotic disaster?

•

Does good intimacy always make for good sex?

Esther Perel, therapist and author, takes on these tough questions, grappling with the obstacles and anxieties that arise when our quest for secure love conflicts with our pursuit of passion. She invites us to explore the paradoxical union of domesticity and sexual desire, and explains what it takes to bring lust home. In her twenty years of clinical experience, Perel has treated hundreds of couples whose home lives are empty of passion. They describe relationships that are open and loving, yet sexually dull. What is going on? Perel explains that our cultural penchant for equality, togetherness, and absolute candor is antithetical to erotic desire for both men and women. Sexual excitement doesn't always play by the rules of good citizenship. It is politically incorrect. It thrives on power plays, unfair advantages, and the space between self and other. More exciting, playful, even poetic sex is possible, but first we must kick egalitarian ideals and emotional housekeeping out of our bedrooms. While *Mating in Captivity* shows why the domestic realm can feel like a cage, Perel's take on bedroom dynamics promises to liberate, enchant, and provoke. Flinging the doors open on erotic life and domesticity, she invites us to put the "X" back in sex.

6 CEUs

This is a day not to be missed and registration is limited!

**Questions? Call April McDowell at 1-800-909-9607 or visit our website at www.middleatlanticaamft.org
or register on-line at www.regonline.com/2009madaamftconference**

MFTs Can Proudly Serve Military Families

Bethany* is a young and vibrant woman of 27. She is the wife of a soldier and mother of two young boys. During her first session, she is distraught, grieving because her husband recently returned from Iraq after 18 months and does not seem happy to see her. She expected his homecoming to be celebratory and it has turned into a nightmare in which he refuses to make eye contact with her, is irritable, angry, and refuses to talk to her about his time in Iraq.

Military life presents distinct challenges to families who often feel unprepared and unsupported through the frequent relocations, deployments, and long duty hours. The military culture and warrior identity create stressors that affect the fabric of the family and patterns of relating to one another. Relationship issues arise around identity, power and control, hierarchy, as well as attachment and differentiation. Given these issues, Marriage and Family Therapists are uniquely prepared to understand and serve military families.

Worldwide deployments are part of military life. Often, young military family members deny the fact that they could be separated from one another. Since 9/11/01, military members have been deployed in record numbers. According to the Department of Veteran's Affairs *Iraq War Clinician's Guide*, a deployment unfolds in five emotional stages. During the Pre-Deployment stage, family members need adequate preparation for practical matters such as legal issues, childcare, and financial support. Emotionally, they need to develop an understanding that many of their expectations around the deployment may not hold true and they need to prepare for a full range of emotional experiences.

A deployment can take place suddenly or the family may have a lot of time to prepare. It is not unusual for departure dates to change and families often feel in flux during the time right before a deployment. In addition, the military spouse is often working long hours training for their tour of duty. Family members experience fear, anxiety, and anticipation of loss. Some couples argue and become emotionally distant from one another. They may need to realize that emotionally, this distance can make it easier to face the separation. Due to available technology, most family members have frequent communications with one another while deployed, however, email

communication is not necessarily private and it is difficult to talk on a delayed phone call that can be unexpectedly cut off.

The second stage is the actual deployment. Once the military member is gone, the reality sets in for the spouse, who may experience a sense of relief that the ambiguity of the pre-deployment stage is over. As expected, many spouses experience a great deal of loss and loneliness, others jump into their new routine and begin to develop a sense of confidence in their ability to manage on their own. One of the most obvious and significant is the fear of danger that surrounds their spouse. Not knowing what the situation holds is difficult. While the military spouse is immersed in work-related activities, the spouse remaining at home may feel like they are no longer a priority to the military member.

During this time, called Sustainment, family members need a great deal of support in maintaining a positive attitude, developing strategies for stress management, and managing their own and their children's fears. Spouses need support in understanding the serious nature of their military spouses' work and their need to focus on the job. Issues that may be present within a couple or family are exacerbated by the separation. These might include issues of trust and fidelity or power and control.

The Re-deployment stage occurs just prior to the military member leaving their temporary duty station to return home. It lasts approximately one month and is characterized by excitement and apprehension. Although we see news clips of soldiers and airmen returning to the open and loving arms of their families, the reintegration after a deployment is often a difficult transition for families to negotiate.

The night before a return, spouses report a sense of excitement, butterflies, and sometimes apprehension about the changes they might find in their spouse. The expectation is that everything will be better when the family is together but the process of reintegration can create a power struggle between the military member and the spouse who has had control of the home front for a long period of time. Patterns need to be reestablished, chores need to be divided up again, parenting tasks need to be shared. During this

stressful Post-Deployment stage, the non-military spouse may have developed a sense of pride in his or her ability to manage on their own and may even resent the other spouse coming back and disturbing their environment. Tony* a lieutenant in the Air Force managed the family finances. While he was in Afghanistan, his wife paid the bills and even managed to save a couple hundred dollars. When Tony wanted to regain control of the finances, Sandra felt resentful and angry about losing the sense of power and control she gained from paying the bills.

In addition to understanding the process of deployment, marriage and family therapists need to be prepared to work with soldiers and their families around issues of combat stress and posttraumatic stress disorder. Although the military itself will provide individual counseling and support to the military members, families are greatly affected by the trauma responses experienced by their spouse or parent. Family members report feeling unsure of their ability to help their spouse. The symptoms which can include sleeplessness, irritability, angry outbursts, flashbacks, distractibility, anxiety, depression and even suicidality need to be addressed by mental health professionals that are familiar with the effects of combat.

Lynn K. Hall wrote in Counseling the Military Family that therapists need to be aware of the worldview of the military members. She notes that the “warrior society” is characterized by an authoritarian structure that often spills into home life. Spouses frequently complain about not being able to live up to the standards of their spouse. Although the military offers many advantages to women, it remains a male-dominated culture, which MFTs need to learn about and respect in order to serve the families.

There are great pressures in military life. Let’s face it, when a military member signs up, they are agreeing to put their life on the line so that the rest of us may experience the freedoms our country offers. Their work is often hazardous, even when it is not in a combat zone. It is also frequently secretive and this causes a great deal of stress when families are necessarily left in the dark about the nature of the work. Many military members carry a secret clearance and this increases the likelihood that they are reluctant to seek mental health treatment.

Frequent moves are prevalent in military life. Each move is called a Permanent Change of Station (PCS) although each change only lasts approximately three years. Families are often separated from extended family and need to develop social supports on the base where they are assigned. They express a sense of isolation and loneliness. For those who live on the base, there is often no distinction between personal life and work life. Military family members shop on base, go to church on base and go for happy hour at the on-base social club.

There are many benefits to being in a military family. Stable and adventurous work, the ability to travel and meet wonderful people from all over the world, and a sense of service to the country are among the reasons people enjoy a military career. MFTs can gain a great deal of satisfaction working with the complexities of the military family.

*names changed to maintain confidentiality

Stephanie Chupein, LCMFT

Notice to Deployed Maryland Service Members

If you are a deployed member of the armed services and are a Maryland LCMFT, LCPC, CPC-AD, CAC-AD or CSC-AD, you may be eligible to postpone your renewal date and fulfillment of CEU requirements until your return. Contact Anna Sullivan (410.764.4740) at the Maryland Board of Professional Counselors & Therapists for details.

Externship in Emotionally Focused Therapy for Couples

30 hours of training in EFT
including live couples

Columbia, Maryland
March 11-14, 2009



with
Gail Palmer, MSW and
Douglas Tilley, LCSW-C

For more information:

Go to www.marylandcenterforeft.com and click on Externship
or call Douglas Tilley at 410-268-4072

Continuing Education: The Maryland Center for EFT is approved by the American Psychological Association to sponsor continuing education for psychologists. The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 30 hours of Category I continuing education for social workers and associates licensed in Maryland.

Mention this ad and get \$25 off the registration price.

***NEED TO TAKE THE
SUPERVISOR REFRESHER COURSE?***

MIDDLE ATLANTIC DIVISION OF AAMFT
IS NOW OFFERING

THE APPROVED SUPERVISOR REFRESHER COURSE

WHEN: SATURDAY, March 7th, 2009

TIME: 9:30 AM TO 3:30 PM

WHERE: SILVER SPRING, MARYLAND

COST: \$100.00

INSTRUCTORS: Jon Winter, M.A., LCMFT
Nicki Drotleff, M.S. LCMFT

Please email our division aamft_middleatlantic@yahoo.com
or call at 800-909-9607 to register.

The instructors will contact you with directions to the location and send a course outline and suggested reading list.

This course has been approved by AAMFT.

A certificate will be given upon completion

What is the Maryland Chapter of the Middle Atlantic Division of AAMFT?

The Maryland Chapter of the Middle Atlantic Association of Marriage and Family Therapists is made up of the members of the Middle Atlantic Division who live or work in Maryland. Members are interested in improving the profession and promoting the services and concerns of Marriage and Family Therapists in the Division. The Maryland Chapter is divided into Regions in a manner convenient to its members. A Regional Representative is a member of the Division who has

agreed to take a leadership role and provide organizational support to Regional meetings and projects. Each Region identifies regional projects that serve the needs of professionals in that Region. Each Region establishes meeting times and locations convenient to members. All Regions are currently recruiting members, regional representatives, and Division involvement.

Maryland Chapter Update

The Maryland Chapter continues to grow. It is gratifying to witness the connections that colleagues have made on behalf of our expanding professional community. Prince George's and Montgomery County have begun the community building process. Thanks to the efforts of very dedicated and determined volunteer members, vital conversations are underway. As they continue to reach out, I hope that other members will lend their strengths and talents to the collaborative efforts that aim to enhance and enrich our professional community throughout Maryland.

One way Regions have begun to collaborate is at networking coffees, brunches or luncheons. Often these gatherings have aimed to provide opportunities to get to know colleagues, to discuss concerns unique to each Region, to share practice information, to exchange expertise and wisdom, and to simply enjoy interesting and fun people.

This year the Maryland Chapter has a goal to expand collaborative conversations throughout the State. These networking get-togethers are simple to organize. Just pick out a local coffee shop in your area and contact me about your interest. We will work together to advertise to members and to help with logistics and possible topic ideas. Member volunteers Venus Masselam (Masselam@comcast.net) and Linda Allen Benton (allenbenton@usa.net) have already begun trail blazing in Montgomery and Prince George's Counties. If you would like to join colleagues in those Regions, contact Venus or Linda for more information about their Regional meetings and how to join with them. If you would like to coordinate a networking event that is more convenient to your Region, contact me (symonecolquitt@gmail.com). I will help you get started. This is a great year to connect in creative and new ways.

Symone Colquitt, LCMFT

Region 1

- *Allegany County
- *Frederick County
- *Garrett County
- *Washington County

Region 2

- *Cecil County
- *Hartford County

Region 3

- *Howard County
- *Montgomery County

Region 4

- *Baltimore City
- *Baltimore County

Region 5

- *Anne Arundel County
- *Prince George's County

Region 6

- *Calvert County
- *Charles County
- *St. Mary's County

Region 7

- *Caroline County
- *Dorchester County
- *Kent County
- *Queen Anne County
- *Talbot County

Region 8

- *Somerset County
- *Wicomico County
- *Worcester County

Region 9

- *Carroll County
- *Frederick County

VAMFT

The Virginia Association for
Marriage & Family Therapy
Presents Richard Schwartz, Ph.D.
and Eric McCollum, Ph.D.

TWO TRAININGS IN ONE:

**INTERNAL FAMILY
SYSTEMS THERAPY:
THEORY AND PRACTICE
AND
ETHICS AND FAMILY
TREATMENT**

DATE: April 3, 2009

Time: 8:00am-5:30pm

Crowne Plaza

6945 Pocahontas Trail
Williamsburg, VA 23185

CONFERENCE SCHEDULE

| | |
|-------------------|---|
| 7:30am - 8:00am | Registration for Ethics or Both Trainings |
| 8:00am - 10:00am | Ethics Training |
| 9:30am - 10:15am | Registration for Internal Family Systems Training |
| 10:15am - 12:15pm | Internal Family Systems - Part I |
| 12:15pm - 1:30pm | Lunch Provided and Poster Presentations |
| 1:30pm - 5:30pm | Internal Family Systems - Part II |

WORKSHOP OVERVIEWS & GOALS

These workshops provide participants with an opportunity to complete an ethics training program with a family perspective and learn more about the application of Internal Family Systems Therapy (IFS). The IFS Model has evolved over the past twenty years into a comprehensive approach that includes guidelines for working with individuals, couples, and families. This creative Model has integrated systems thinking with the concepts of the mind's multiple states. The workshop will review the history and development of IFS, explore the 3 categories of sub-personalities that most often present in therapy, describe the dynamics of this 6-group system, and discuss the qualities of "Self" and its role as the leader of the intrapsychic system.

**CONTACT HOURS: 2 Hours (Ethics Only);
6 Hours (IFS Only); 8 Hours (Both)**
Certificate Will Be Provided

ACCOMMODATIONS

A limited number of rooms have been reserved at the Crowne Plaza/Williamsburg with a special rate of \$109 per night plus taxes. Mention VAMFT when you make your reservation. The phone number for the Crowne Plaza is 757-220-2250.

FEES

Ethics Only

\$35 for VAMFT Members
\$50 for Non-VAMFT Members

IFS Only

\$149 for VAMFT Members
\$169 for Non-VAMFT Members
\$79 for Full-Time Students
No Charge for VAMFT
Student Members

Both Trainings

\$159 for VAMFT Members
\$189 for Non-VAMFT Members
\$99 for Full-Time Students
No Charge for VAMFT
Student Members

Complete registration
form and return with check
made payable to **VAMFT**. Mail to:

David Niemeyer
6108 Club Commons Ct.
Glen Allen, VA 23059

OR REGISTER ONLINE
WITH A CREDIT CARD AT
WWW.VAMFT.ORG

REGISTERING & PAYING FOR THE CONFERENCE

Registration information:

Name _____

Address _____

Phone _____

Email _____

Workshop(s):

Ethics Only IFS Only Both

Registration Type:

VAMFT Member Full-Time Student
 Non-Member VAMFT Student Member

Seven Suggestions for Developing Cultural Awareness

Cultural Awareness develops sensitivity and understanding of other groups. This usually involves internal changes in terms of attitudes and values. Awareness and sensitivity also refer to the qualities of openness and flexibility that people develop in relation to others. You don't need to be an expert in every culture or have all the answers to be culturally aware; rather, cultural awareness helps you to explore cultural issues with your care recipients more sensitively.

Cultural awareness is based on knowledge of other cultures, but also on knowledge of one's own culture. Any process of comparison or contrasting has its starting point in your own pre-knowledge. Culture is more than what is 'out there', it is also how we see what is there. From this it naturally follows that your perception of your own culture as well as of other cultures are important factors in the development of your cultural awareness.

Culture can be seen as:

- identity common to a society or a group of people within that society, as well as the way members of the society regard this common identity.
- the meanings, values and ways of life of a particular group.
- glasses through which we perceive the world around us.
- the way in which a group of people solves problems and reconciles dilemmas.
- an onion with different layers. To understand it, you need to unpeel it layer by layer.

We are influenced by the culture(s) we are socialized into, and simultaneously we influence that culture. This is a dialectic process, and culture must be seen as a dynamic force in continuous flux, not a static entity. Therefore it is important to maintain an ongoing dialogue regarding culture, in order to be able to better understand those we come in contact with.

Sometimes being in a proper dialogue about culture can be a painful process. Interaction with 'the other' means having to readjust one's own points of view. Sometimes one enters into the process with a conscious or subconscious attitude of wanting to influence or persuade 'the other'. This is even more the

case when 'the other' is a client of a different culture. It can be painful because one tends to defend one's own position and resist a change of attitude and opinion.

Questions and tasks that focus on attitude and understanding can form the basis for what I call an authentic dialogue in my ACTS salon (for a description of ACTS go to <http://www.growth-coach.com/programs/culture/ACTS>). I understand authentic dialogue as a dialogue which has no predetermined answers, is open-ended and will itself produce possible answers. In that light even stereotyped views can be used to open up and enhance understanding of other cultures.

Here are 7 important suggestions for becoming more culturally aware:

- 1. Become aware of your own culture.** Be able to describe your values, attitudes, beliefs, ways of interacting with others, perceptions, and similar things. Think of the family and community you grew up in and in which ways it helped shape you. How would you define your nationality, ethnicity, race, religion, gender, and age group, and which of them is most important to you? Remember, in order to understand others, you need to understand yourself first.
- 2. Interact with people of cultures different from your own.** It is a fallacy to believe that we can be able to understand other cultures completely, since we do not even understand ourselves and our own culture to such an extent, But it is important to open up for a variety of encounters with people of other cultures that can help us to reflect upon these encounters, enhance our understanding of differences and similarities, and provide a better base for interaction. Through interaction with people of other cultures, one gains an increased understanding not only of them, but also of your own self. The foreign culture provides the mirror in which we can see ourselves reflected; it provides an outside to our inside. It is also a greatly enriching experience.
- 3. Develop Tolerance and Understanding.** Seek to understand, tolerate and accept different beliefs, stated views, actions, and reactions as

part of the rich overall "tapestry" of human behavior. Suspend judgment. We tend to judge other people's behavior and beliefs according to the standards of our own culture. This is unfair and fails to promote understanding. If you don't know, inquire into the meanings and reasons behind people's actions. Keep an open mind.

4. **Check your assumptions.** Reading about other cultures and applying generalizations to individuals can be dangerous. Check your assumptions against the realities of the people you are interacting with. Understand that the behavior and beliefs of people within each culture can vary considerably.
5. **Check for individual differences in identification with their culture.** Understand that the extent to which people adopt practices of their new country and retain those from their cultural background can vary within communities, and even within families. Be aware that not all people identify with their cultural or religious background.
6. **Understand the importance of appropriate communication.** Meanings of words can differ from culture to culture. Make sure you understand and are understood correctly. Don't be afraid to ask for clarification. If there is a language barrier, don't assume that the other person understands. Simplify your language, speak slower and more distinctly, ask for a translator if needed.

7. **Increase your knowledge.** Read about different cultural practices and issues, attend cultural awareness trainings, and seek cultural background information during sessions with your clients. Knowing about culture is as important as knowing about your profession.

As a therapist in today's multicultural world you can not afford to be culturally incompetent. More and more you have to deal with clients that are of a different culture. Ignoring cultural issues can seriously impair the effectiveness of therapy. When you are culturally aware, you can detect issues that can seem pathological, but that could be normal in the culture from which the client comes from. In marriages where the partners come from different cultures, misunderstandings and different communication patterns are easier to handle if the cultural aspects are explored. I invite you to do something every week that will increase your cultural awareness and knowledge.

Because I feel so strongly about the need to help each other be more culturally competent, I have designed a free Cultural Talk Salon (see details at <http://www.growth-coach.com/programs/culture/ACTS>) that can help your growth into a more culturally aware and competent professional. I plan to launch it in February. If this is something you or others you know might be interested in, send me an email and I will send you further information.

Ada Luz Gonzalez, Ph.D., LMFT

Legislative Committee Update – January 2009

The Maryland Legislature will begin its 2009 term on January 14th. Last year the MAD-AAMFT legislative committee spent many hours working to pass the Sunset Bill, extending the licensing of marriage and family therapists and giving us two additional seats on the Board of Professional Counselors and Therapists.

This year the committee has decided to focus on building relationships within the legislature, supporting other relevant legislation, and focusing on regulatory changes the Board plans to address. Recently, members of the legislative committee along with our lobbyist, Willie Harris, met with Jim Hubbard to discuss our plan to build stronger relationships with the legislature. Jim has been a strong supporter to the marriage and family therapists and will be receiving the "Outstanding Service Award": from our organization on January 30th at 9:00 am just prior to the Esther Perel training.

Stephanie Chupein, LCMFT

**Middle Atlantic Division, AAMFT
Candidate Information & Ballot
January 2009**

As per the Bylaws of the Middle Atlantic Division, AAMFT, the position of President-Elect is currently available for the term beginning January, 2009 through December, 2011. The following candidate has submitted her nomination.

Christina Guidorizzi, M.S. LCMFT

Christina has a private practice in Takoma Park, Maryland and in Washington, D.C. She provides services to couples, families and individuals in English, Portuguese and Spanish. In addition Ms. Guidorizzi is an adjunct supervisor for the Department of Family Science at University of Maryland, College Park and has provided various workshops on Latino Mental Health, Professional Migration and Narrative Therapy. Christina Guidorizzi also works as a consultant for the Tree House, Child Assessment Center, Montgomery County, providing therapy for families and children who struggle with sexual abuse. Christina Guidorizzi has expertise in working with cross-cultural and immigration issues.

Education

M.S. Marriage and Family therapy, Department of Family Science, University of Maryland, 2003.

M.S. Linguistics, Linguistics Department, New York University, 1985.

B.A. Linguistics, Linguistics Department, Universidade de Campinas, 1981.

Professional Affiliations

American Association for Marriage and Family Therapy

International Family Therapy Association

Dulwich Centre for Narrative Therapy

Statement of Goals

I am dedicated to continuing the advancement of the profession of Marriage and Family Therapy through education and administration. My work at the Board of the Middle Atlantic Division of AAMFT will continue the tradition of other president-elects who vigorously contributed toward greater recognition and integration of MFTs in the mental health community.

Only Clinical Members should complete this ballot and submit to the Division Office no later than February 1, 2009

Middle Atlantic Division, AAMFT
Email: AAMFT MiddleAtlantic@yahoo.com

President-Elect (select one)

_____ Christina Guidorizzi., LCMFT

NAME (to verify voting status only): _____

Executive Board, 2009

PRESIDENT-ELECT (2009-2010)

Wendy Wilcox, 301-821-5562
wwilcox@cityofbowie.org

IMMEDIATE PAST PRESIDENT

Risa Davis-Ganel, 443-865-0298
risaganel@gmail.com

TREASURER

Merlene Blair-Brown, 410-902-5940
thethusong@gmail.com

ACTING SECRETARY

Kate Opel, 410-591-5126
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ASSOCIATE MEMBER REPRESENTATIVE

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STUDENT REPRESENTATIVE

Joanna Waldman, 732-740-8404
JoannaWaldman@gmail.com

CONFERENCE/CONTINUING EDUCATION

Kara Johnson-Smith, 301-490-1011
ka_johns@yahoo.com

ELECTIONS COMMITTEE

Carol Werlinich, 301-405-4017
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Symone Colquitt, 301-809-3033
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LEGISLATIVE COMMITTEE

Washington, D.C., Pam Riley
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Maryland, Stephanie Chupein
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Delaware, Ada González
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Washington DC, Pam Riley
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pamjriley@aol.com

WEBMASTER

Tom Erickson
www.ericksonwebdesigns.com

MEMBERSHIP/PUBLIC AFFAIRS COMMITTEE

Chair, Lindsey Hoskins
lindseyhoskins@gmail.com
Co-chair, Alex Goerl Rickeman
alex@communicationforcouples.com

MIDDLE ATLANTIC DIVISION OFFICE

April McDowell - Administrative Coordinator
410-224-0509 or 1-800-909-9607
aamft_middleatlantic@yahoo.com
PO Box 3487, Annapolis, MD 21403

AAMFT CENTRAL OFFICE

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College Park, MD 20741
Phone, 703-838-9808
Fax, 703-838-9805
1-877-451-3948

MARYLAND BOARD OF PROF. COUNSELORS AND THERAPISTS (BOPC&T)

4201 Patterson Ave.
Baltimore, MD 21215
410-764-4732
Fax (Aileen Taylor), 410-358-1610

MFT REP. to BOPC&T

Sonja Williams
410-437-2259
eliashib@erols.com

MFT REP. TO MJCIA

Amy McNelly
ajkm@verizon.net

Schedule of Division Board Meetings

| | |
|---------|-------------|
| March 6 | September 4 |
| May 1 | November 6 |
| July 10 | |

All Division Board meetings are open to the membership of the Division. Meetings are held at 9:00 a.m. at the Loyola Graduate Center in Columbia, Maryland at 8890 McGaw Road Columbia, MD 21045. Telephone: (410) 617-7600.

Call for Articles

The Middle Atlantic Division newsletter is always looking for a good story. If you have an experience in your personal or professional life, or know of some news that you would like to share, please send this information to the Division Office.

Advertising Rate

The Middle Atlantic Division, AAMFT newsletter welcomes advertising. Copy must be print-ready. All copy, payments, and inquiries should be directed to the MAD Office. Checks are payable to the Middle Atlantic Division, AAMFT.

¼ page, \$40
½ page, \$75
Full page, \$90

Web advertising, \$75 per month

The Middle Atlantic Division, AAMFT reserves the right to reject advertisements that do not meet the general purpose of the organization.

Editors

Michelle Florimbio & Brian Livelsberger

Connections is the official publication of the Middle Atlantic Division, American Association for Marriage and Family Therapy. Subscription to the newsletter is included with AAMFT membership. Dated material needs to be submitted in time for consideration by the reader. All material for the newsletter should be directed to the Division Office. The Middle Atlantic Division reserves the right to authorize reproduction of any articles submitted to this newsletter for publication in materials of other Marriage and Family Therapy organizations.

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www.middleatlanticaamft.org

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